



UCMAA KI-AI

September 1, 2026

(Vol.5; Issue 1/4)

Website: [**ucmaa.net**](http://ucmaa.net) (click on it)

UCMAA NATIONAL SEMINAR

October 17 & 18, 2026

MAKE PLANS NOW

SEE UCMAA NATIONAL SEMINAR

REGISTRATION AND ITINERARY IN THIS KI-AI EDITION

.....

UCMAA MEMBERSHIP DUES:

MARCH 1

.....

UCMAA PRESIDENT KI-AI

I am going to start this off by announcing to all of our members that Shihan Jimmy Gauthier who has been an active member and instructor in the martial arts for over 50 years has formally announced his retirement as an instructor. Shihan Gauthier will continue to be an active board member of UCMAA offering guidance and input for the association. I am very grateful that he is going to continue to be an active board member. It really helps to have someone to go to for advice. Shihan Gauthier has meant a lot to so many students in the martial arts and to me personally. I am quick to tell our younger members if you have a question, go to the other instructors in the association and simply ask them and not to be afraid of them. They will be eager to help you to learn and become better. Shihan Gauthier taught me this as a young teenager. At a seminar he came up to me and asked if there was anything that he could help me with. Yes, I was nervous! He looked at me and explained what I just said. He explained, he was there to serve the students. This has always stuck with me over the years, and I continue to use it as an example to all of our members. He took the time that day to work with me on every technique I needed to reach my next promotion. Over the years I have learned so much from Shihan Gauthier both on the mats and off the mats. Thank you for all of the years of instruction and the continued years of friendship. We Love you!

To all of our members I want to simply take a moment to share a few things with you. I look back over the years and as I continue to get older I realize how time is flying by. It's hard to believe that I am a grandfather and all of my children are grown and starting their own lives. As I write this as my son is driving us across Kansas heading home from a sendoff trip before he leaves for the Navy. Just before starting this, I received a phone call from a gentleman who used to train with us at LSU-A and now lives in Baton Rouge. He talked about how he has continued to train in other styles and arts but wants to get back involved with us and earn his black belt. We have the potential to grow an association that can continue many years into the future. We have had between 125 to 150 black belts produced in the southern region alone. For some, black belt is simply a goal and when they reach it they are done. Black belt is a beginning. When you become a black belt, you honestly have learned the basics to martial arts. Start training in other arts so you can reach the higher dan ranks and then you will notice that you are really starting to have a deeper understanding. As a black belt, be active and show up for seminars. If you are not running your own dojo, then get involved in the dojo you trained in, assisting the instructors and teaching the students that are training. This will not just help you with gaining knowledge but will increase your own skill set and abilities. It is very rewarding to see a student come up in the martial arts and the changes that they go through on that journey. There will also be changes that you will go through as an instructor and as a person. So, to all of our Black Belts, be active

and stay active. These are two quotes from our board member Shihan Jose Monegro, “ Its better for us to grow from the inside out“ and “Don’t ask what UCMAA can do for you, however what can you do for the association?”

Our October national seminar will be here in central Louisiana before we know it. I encourage all our members to do their best to attend. This is a great opportunity for you to train and cross train in the arts offered by UCMAA. The Board members are currently working on all the details and what will be offered at the seminar. Location and seminar schedule will be in this Newsletter.

Next UCMAA Newsletter due on December 1, 2026.

Hope to see you on the mats at Nationals!



HAPPY THANKSGIVING: BE THANKFUL FOR WHAT YOU HAVE

Shihan Joey Harvey, President: UCMAA



UCMAA Newsletter: Fifth year (By K. Roy)

It is hard to believe that the UCMAA newsletter, "KI-AI," is entering its fifth year of quarterly updates. Looking back, the days pass slowly but the years pass fast.

Many of the board members have been in the martial arts for over 30 plus years. It seems like just yesterday we were working out at LSU-A, "Ki" was part of our rank, traveling to clinics around the state and country, and driving to Rockford, Ill. in the LSU-A station wagons. We shared so many memories: drinking "Apple Jack" (not the cereal), having 11 dojos in Louisiana and 20 across the southern United States, bringing our kids to workouts, and seeing each other at least once a week.

I fondly remember thumping younger ranks on the mat, hearing the breakfalls echo on the second floor of the LSU-A gymnasium, laughing and joking together, having Chinese dinner at Marler's, and meeting in Pearson's office. Back in the day, we all had hair and no bellies, retirement wasn't even on the horizon, and working out was indispensable. There was no room for excuses to miss a workout.

Next year will mark the anniversary of leaving the organization we and our predecessors were part of for almost 50 years. Additionally, 2028 will mark the ten-year anniversary of the birth of UCMAA. Over the years, we have lost Pearson, Marler, Big John, Cookie Monster (David), Chuck, Holliday, Kevin Taylor, and many others. I remember many concerned discussions regarding the moment our forerunners would leave us and how we would handle it. That day has now come and gone, so judge for yourself.

These newsletters serve to preserve the history of UCMAA for future members, as well as to advise and educate our members on UCMAA events and martial arts. **"Thank you"** to each of you for making this newsletter possible; it would not exist without your contributions.

UCMAA BOARD MEMBERS

Joey Harvey; 10th Dan, **President**
Jose Monegro; 8th Dan, **Vice President**
Paul Mathews; 10th Dan, **Secretary-Treasurer**
Stevie Tillson; 10th Dan
Jimmy Gauthier; 10th Dan

Kirby Roy; 10th Dan
John Allen; 10th Dan
Jeff Marien; 10th Dan
Cheryll Whigham; 5th Dan
Anita Harvey; 6th Dan



UCMAA Board Members/Shihans (July, 2025)
Shihans (Front row: left to right): Jimmy, Joey, Anita, Cheryll, Stevie
Shihans (Back row: left to right): John, Paul, Kirby, Jeff, Jose'

UCMAA

ARTS

Aiki Jujutsu
Kobu-Jutsu

Judo
JuJutsu



“One big family”

Iaijutsu
Kempo-Jutsu

Karate
Toide

***Arts of the Menkyo License System under UCMAA: Combative Ki, Hanbojutsu, Iaijutsu, Kobu-Jutsu, Grappling. No obi (color belt rank) awarded in the Menkyo System.**

TITLES: Shoden, Chuden, Joden, Okuiri/Okuden, Renshi, Kyoshi, and Hanshi

Titles in these arts can reduce time-in-grade for Core Arts

UCMAA History



UCMAA PATCH

EXPLANATION OF THE UCMAA PATCH

(Working from the outer edge of the patch inward)

Red Octagon – Represents the concept of Happono Kuzushi; the 8 points of balance, the understanding of which is essential in the martial arts.

Gray Area – Represents the 8 primary arts taught and supported by the UCMAA.

White Circle (Contains our organization name in both English and Japanese) – Represents the nature of training in the traditional martial arts. There is no ending, only cycles through which we find ourselves at new beginnings. In several of our arts, Jujutsu for one, it can also represent the circular movements inherent in the art.

The Red/White In/Yo (Yin/Yang in Chinese) – Represents the complementary duality of traditional martial arts: Soft/Hard, Internal/External, Mind/Body, etc.

The Swordsman under the Torii (Symbolic Gateway) – Our training is a passageway from the mundane to something greater or more fulfilling.

UCMAA Black Belts (8-1-2025)

*Jimmy Gauthier (10 th Dan)	UCMAA Charter Board Member	<i>Jujutsu</i>
*Kirby Roy (10 th Dan)	UCMAA Charter Board Member	<i>Kempo Jutsu</i>
*John Wayne Allen (10 th Dan)	UCMAA Charter Board Member	<i>Ki Jutsu</i>
*Stevie Tillson (10 th Dan)	UCMAA Charter Board Member	<i>Goshin Jutsu</i>
*Paul Mathews (10 th Dan)	UCMAA Charter Board Member	<i>Iai-Jutsu</i>
*Jeff Marien (10 th Dan)	UCMAA Charter Board Member	Open Division
*Joey Harvey (10 th Dan)	UCMAA Charter Board Member	<i>Toide</i>
*Anita Harvey (6 th Dan)	UCMAA Board Member	
*Jose Monegro (Fl., 8 th Dan)	UCMAA Charter Board Member	<i>Karate</i>
*Cheryll Whigham (Fl., 5 th Dan)	UCMAA Charter Board Member	<i>Aikijujutsu</i>

*Dal Neathammer (9th Dan, CA)
 *Corina Neathammer (9th Dan, CA)
 Vernon Schlieff (NO)
 Gary Barth (5th Dan)
 Glenn Cooley (4th Dan)
 Sean Mayeux (5th Dan)
 James Gifford (Pa.)
 Artie Lyons (3rd Dan)
 Joey Stokes (3rd Dan)
 *Jamie Taylor (5th Dan)
 Scott Dixon (2nd Dan)
 Roberto Guzman (2nd Dan)
 Kevin Fruge (Fl., 5th Dan)
 Howard Freedland (Fl., 3rd Dan)
 Eddie Pitre (2nd Dan)
 Steve "Pop" Batiste (3rd Dan)
 Paul Slater (1st Dan)
 Reese Martin (1st Dan)
 Dorrien Loftin (1st Dan)
 Beth McGraw (2st Dan)
 Robert Lozano (2st Dan)
 Anthony Zittle (1st Dan)



Charles Charrier (1st Dan)
 Stephen Kimble (1st Dan)
 Hannah-Rose Monegro (Fl., 1st Dan)
 Jeremiah Batiste (1st Dan)
 Isaiah Monegro (Fl.)
 Cameron Deam (Fl.)
 Donald Lambert III (Fl., 4th Dan)
 Donald Lambert IV (Fl., 3rd Dan)
 Christian Bursk (Fl., 2nd Dan)
 Larry Beall (4rd Dan)
 Robert Murry (3rd Dan)
 Chris Bordelon (3rd Dan)
 Kenny Brassette (1st Dan)
 Mark Hale (IL.)
 Scotty Marcotte (2nd Dan)
 Blaine Laborde (2nd Dan)
 Robert Murray (1st Dan)
 Dylan Gallion (1st Dan)
 Adrian Richard (1st Dan)
 Hope Dixon (1st Dan)

(*) Recognized Shihans

Not all above black belts are active

If any of the above black belts are no longer members of UCMAA and would like to have their name removed or someone is missing please advise Shihan/President Harvey.

Dojo Locations



(If a guest, always call before attending to insure any schedule change)

West La. Jujutsu Training Academy 101 South 3rd Street; Leesville, La., 71446 shihanharvey@gmail.com	Joey/Anita Harvey M/T/TH - 4:00pm to 8:30pm	337-375-7371
Ronin Martial Arts chris.bordelon827@gmail.com	Chris Hwy 1; Mansura, La.	318-359-1251
Stevie Tillson	Stevie	318-253-8974
Mathews' Niryūshin Dojo 4603 Coliseum Blvd.; Alexandria, La., 71303 plmathews1387@gmail.com	Paul & Jeff Wed - 6:30pm	318-794-9187
Hessmer Martial Arts 581 Little Corner Rd.; Hessmer, La., 71341 kirbyroy54@gmail.com	Kirby/Jimmy/John/Jamie/Pop Thurs.- 6pm; Rotate Fri./Sat./ <u>Sun.</u> -5:00	318-305-1076
Florida Karate therisensonmac@hotmail.com	Jose' TBA	352-428-3727
Florida Aiki-JuJutsu senseicheryll@hotmail.com	Cheryll TBA	Phone
Green Dragon Dojo 13627 Linden Dr.; Spring Hill, Florida, 34609 greendragondojo@outlook.com	Donny Lambert & Son M-Th - 5pm to 8pm	Phone
Neathamer Training Consultants 5371 Deschutes Rd.; Anderson, Ca., 96007 dalandcorina@yahoo.com	Dal/Corina Neathamer	530-262-3116
JTMA Dojo: Florida kwfruge@bellsouth.net & caskman1@gmail.com	Kevin Fruge'/Howard Freedland	Phone
New Orleans Judo vschlieff@outlook.com	Vernon Schlieff	Phone



GREEN DRAGON DOJO: Attended the UCMAA JuJutsu clinic August 8, in Leesville. Preparing to attend the UCMAA National Seminar In October.



HESSMER DOJO: Shihans Gauthier, Roy, Allen, Taylor, with Sensei “POP” Batiste, Laborde, and Marcott welcome all members to UCMAA and to our dojo. This is the dojo which has more instructors than students. Our dojo is based on private instruction, not mass. The Hessmer Dojo teaches JuJutsu, Kempo, and weapons. We incorporate ground techniques for survival and self defense. Classes are held every Thursday evening at 6:00 and will vary on Fridays/Saturdays/Sundays. Lately: Sunday at 5:00. We encourage our students and UCMAA members to support all clinics. **Shihan Gauthier has retired. See article in “Editor’s Kime.”**

On July 17, our dojo had guests (Sensei John Primeaux and Chad Matt) from Lafayette. Three hours were spent on locks. I truly enjoyed the camaraderie spent with old friends.



Hessmer Dojo Attending National Clinic 2025

Jimmy Scottie Caden Blaine Kirby

Not Pictured: Jamie, Howard, and Marvin

Niryushin Dojo: The Niryūshin Dojo proudly recognizes the following students who received the following Kyu and Menkyo recognition in June:



Xander Bounds - Rokyu, Jujutsu
Lisa Mount - Roykyu in Jujutsu and Menkyo
Joden in Kijutsu
Rachel Mathews - Yonkyu in Jujutsu and
Menkyo Joden in Kijutsu
Grant Bounds - Nikyu in Jujutsu and Menkyo
Joden in Kijutsu

We would also like to recognize Robert Lemoine and Kelcie Glass both recently passing their exam for the rank of Shichikyu in Jujutsu. The Niryūshin Dojo holds class on Wednesday evenings at 6:30. Classes are still held in the Activity Building of Holy Savior Menard High School in Alexandria.

WLJTA DOJO: This quarter at WLJTA has proven to be a fun and event filled one! In June we took grappling competitors to New Orleans and both Lathan and Carter placed! In July we conducted 2 annual Little Ninja Summer camps with over 50 participants. Kids from all over the community had fun and learned knife fighting and safety, with arts and crafts. In August we hosted a very well attended Jujutsu Seminar. Here's to a great next quarter.





Ronin Martial Arts: RMA kicked off its monthly Women's Self Defense Classes on Friday, August 7. Classes are scheduled for the first Friday of every month.



Lil' Samurai Practicing Mae No Teki



Practicing Hip Throws



Yellow Belt Promotions



Jupiter Traditional Martial Arts: The summer has been a very busy season for Jupiter Traditional Martial Arts. First, a big thank you to Sensei Frank Lopresti for hosting us while the Community Center was closed June through September. During the "Summer of Fun" we had the pleasure to train with Sensei Tom Floyd of Systema Floyd. Kevin, Tom and I have known each other for many years and we try to stay connected by training together. Sensei Tom offered a unique class on punching which included understanding balance, breath work and maintaining a tension-less approach to delivering and receiving strikes. We followed that with Kevin's and my former senseis Rick Dermo and Steve Labbe' who offered a primer on understanding bunkai. What fun would that be if we didn't invite Sensei Frankie's Senseis Vince Izzo and Jerry Donnini to do a boxing and movement class. Lastly, on August 1st, we welcomed Kyoshi Felipe' Jose' back to teach Kali/knife defense and also First aid/healing. In between all of that, we continued cross training in Jujutsu and Karate.



We are very proud of our recent promotions of Magdalena Morrison, Ariana Castillo, John and Pam Pare'. Also, we are looking forward to September when our Sempai, Carlos Negrin, will test for Shodan in both Matsubayashi and Seidokan at the same time.



****Sensei Kevin Fruge'(center) will be breaking down Pinan Yondan at the **National Seminar** in October to find the Jujutsu within the Kata. Please review Pinan Yondan before so that we do not have to teach the kata from the ground up during the seminar.



Black Belt SPOT Light



Due to lack of information this quarter, this section is purposely left blank.



Recent Events

Summer 2026

UCMAA Newsletter

Shihan Cheryl Whigham, UCMAA Board member, has been updating the UCMAA Newsletter "KI-AI." She is currently working on archiving all past newsletters onto the website. Please visit the website and check it out.

Website: ucmaa.net (click on it)

REGIONAL IAIJUTSU SEMINAR

Alexandria, LA



On Saturday, June 6, the Niryūshin Dojo hosted an Iaijutsu/Kenjutsu Seminar at Holy Savior Menard High School in Alexandria, LA. Attendees ranged in experience from zero experience to practitioners ranked to Menkyo Renshi (Robert Lozano and Caleb Goughnour). Shihan Joey

Harvey, Menkyo Hanshi, and Shihan Paul Mathews, Menkyo Kyoshi, were instructors for the seminar.

Shihan Harvey instructed the attendees ranked Oku Iri and above. During the morning session he worked with them on refinement of *nukiuchi/nukitsuke* (methods of drawing the sword) and *noto* (methods of resheathing the sword through a series of drills that may be used during solo practice. After the lunch break Shihan Harvey reviewed the Renshi Kata Series.

Shihan Mathews instructed the remaining students, all of whom were ranked no higher than Menkyo Shoden but who had at least some prior training at the dojo level. The morning training consisted of introduction/review/drill and practice of the Kamae Kata and Suburi Kata for both

Shoden and Chuden levels. During the morning session these students were restricted to the use of the *bokken* (wooden training sword). After the lunch break students were allowed to use their *iaito*, if they had one, while they were introduced to the basics of *nukiuchi/nukitsuke* and *noto*. Once the students were relatively proficient in those basics Shihan Mathews introduced them to the first four kata from the Batto-Ho Kata Series.

Thank you to all who attended. We recognize and appreciate your effort and dedication to your training.

REGIONAL JUJUTSU SEMINAR Leesville, LA

On August 8, the West Louisiana Jujutsu Training Academy (WLJTA) hosted one of this year's UCMAA quarterly seminars. While most of our quarterly seminars typically focus on ancillary arts such as Iaijutsu, Hanbojutsu, Toide, Integrated Submission Grappling, etc., this seminar was dedicated to comprehensive coverage of one of our primary arts, Jujutsu.

Instructors for the seminar were Shihan(s) Jimmy Gauthier (even though he recently retired from active instruction), Kirby Roy, John Wayne Allen, Jeff Marien, Joey Harvey, Paul Mathews, and Anita Harvey. For perspective, those seven instructors have over **three hundred years** of collective experience in the art of Jujutsu.

Attendees included students and instructors from WLJTA (Leesville, La.), Ronin Martial Arts (Mansura, La.), Niryūshin Dojo (Alexandria, La.). Special recognition goes to out-of-state attendees Ken and Piper Truesdale from Georgia, as well Donnie Lambert III and Donnie Lambert IV from the Green Dragon Dojo in Florida, who made the long drives to attend the seminar. Ken and Piper also made the drive to attend the Iaijutsu seminar in June.

Shihan(s) Gauthier, Roy, and Allen took turns teaching the morning session which focused on *kansetsu waza* (joint locking techniques). After a lunch break Joey Harvey, Anita Harvey, and Paul Mathews covered more *kansetsu waza*, *nage waza* (body contact throws), and *kaiten nage waza* (rotary throws).

The UCMAA is dedicated to offering quality seminars throughout the year as a means of providing our members opportunities for training and rank advancement in all of our arts.

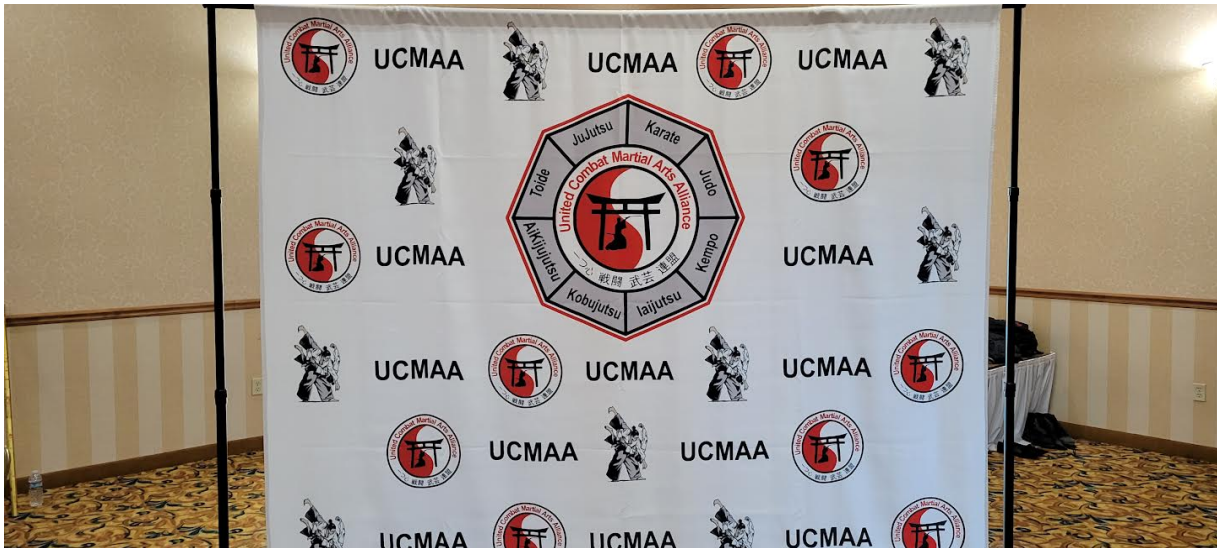


HOW MANY BLACK BELTS CAN YOU NAME IN THE ABOVE PHOTO?



***See Dojo News for additional recaps of local events.**

UCMAA BANNER



2026 UPCOMING EVENTS

Oct. 17 & 18 National Seminar Country Inn & Suites Pineville, La.

December 1 UCMAA Newsletter

2026 UCMAA NATIONAL SEMINAR SCHEDULE

UCMAA NATIONAL SEMINAR 2026

SCHEDULE: SATURDAY, OCTOBER 17

8:30 – 9:00.....Registration/Check In
 9:00 – 9:30.....Introductions and Bow In
 9:30 – 11:00.....**Session 1**
 11:00 – 11:15.....Restroom/Water Break
 11:15 – 12:45.....**Session 2**
 12:45 – 2:15.....**Lunch Break (Not Provided)**
 2:15 – 3:45.....**Session 3**
 3:45 – 4:00.....Announcements, Presentations, Bow Out

	Session 1 9:30 – 11:00	Session 2 11:15 – 12:45	Session 3 2:15 – 3:45
	Jujutsu (Adv) <i>Roy/Gauthier/Allen</i>	Toide (Adv) <i>J. Harvey</i>	Jujutsu/Karate (Adv) <i>Früge'</i>
	Kempojutsu (Beg/Int) <i>A. Harvey</i>	Karate (Beg/Int) <i>Monegro/Freedland</i>	Goshinjutsu (Beg/Int) <i>Roy/Gauthier/Allen</i>
	Hanbojutsu (Kids) <i>Mathews/Aitken</i>	Judo (Kids) <i>Bordelon</i>	Karate (Kids) <i>Monegro</i>

Kids: Under 12 years of age unless granted permission by their sensei.

Beginner/Intermediate: New Student through Gokyu (Blue Belt)

Advanced: Yonkyu(Green Belt) and above, including Dan Ranks

SCHEDULE: SUNDAY, OCTOBER 18

9:00 – 9:30.....Bow In and Announcements
 9:30 – 12:30.....Iaijutsu/Kenjutsu/Bokken Drills
 (Everyone) *Harvey/Mathews*
 12:30-1:00.....Combative Ki Testing(Renshi-Hanshi)
 1:00 – 1:15.....Closing Remarks and Bow Out

COSTS

Seminar Attendance: UCMAA Members - \$60.00, (\$45.00 per third plus additional family members). Non-UCMAA - \$80



Location

Country Inn & Suites

2727 Monroe Hwy #165, Pineville, LA 71360

October 17th & 18th

Lunch will not be provided

• **Sat 8:30 AM Registration**

Bow in 9:00 AM

Lunch 12:45 to 2:15 PM

Bow in 2:15 to 4:00 PM

• **Sun 9 AM to 1:15 PM**

We have rooms that have been blocked under UCMAA for the event. Call 1-318-641-8332

If you have any issues in reserving a room, ask to speak to Danny Mitchell.

Standard Room \$80 a night

Suite \$90 a night

This seminar will be led by the Shihan & Sensei of United Combat Martial Arts Alliance.

The following arts will be taught at the seminar.

- Jujutsu
- Karate
- Kempojutsu
- Judo
- Self - Defense
- Iaijutsu
- Hanbojutsu
- Testing in Ki jutsu (Renshi-Hanshi)

Attention:

Once you purchase you must complete the Profile and Waiver online.

Youth Students Bring Hanbo and Sword

Adults bring a Bokken & Katana

UCMAA shirts & Caps will be available to purchase at the event.

The Below Shirt is Pre Order Only



Important Info

- Family Members training will get a 25% Discount after 2nd participant.

This is a great opportunity to train with some of the "Best Combat Martial Artists" and to work towards Cross Training in the other styles of martial arts offered in the UCMAA association. Set your time aside now and get ready for some awesome training.



TO REGISTER

<https://sparkpages.io/?i= QIHb>

****Sensei Kevin Fruge'(center) will be breaking down Pinan Yondan at the National Seminar in October to find the Jujutsu within the Kata. Please review Pinan Yondan before so that we do not have to teach the kata from the ground up during the seminar.

2025 National Seminar



2024 National Seminar



2023 UCMAA NATIONAL SEMINAR



Front row: UCMAA Board
Back row: 2023 Clinic Participants
Over 100 participants



”Matte”

When a student or class hears the command "matte" ("mah-teh"), also spelled "matei" or "mate", they must immediately stop what they are doing and give their full attention to the instructor.

Translated from Japanese, the command means to wait, pause, or stop the action. Other meanings are "please stop" or "please wait" which is a polite way of interpreting. Within our organization (UCMAA), it simply means **"STOP."** It may be used for various reasons, including halting a workout, fixing a uniform, ensuring safety, pausing during kumite/sparring/rolling, or introducing a new technique.

LET'S GROW

MEMBERSHIP DUES ARE DUE

MARCH 1, OF EACH YEAR

Editor's Kime



(By K. Roy)

Tribute to Mr. James “Jimmy” Gauthier (Shihan)- Retiring from Martial Arts:

While this may read like an obituary, it is instead a reflection on my connection with Mr. Jimmy and the profound impact he has had through his life's work.

When Mr. Jimmy achieved the status of Shihan, the criteria for the title were set and met at the highest possible standards. Throughout my years in the martial arts, I have never seen anyone match his teaching standards and abilities. He has dedicated his entire adult life to serving others as a high school math teacher, a college math professor, a martial arts instructor, a town council and school board member, civic/community service, contributor to our local newspaper, tutor, father, and church member. His dedication has earned him numerous distinguished awards as both a math professor (Bolton Award, etc.) and a martial artist (Shihan, 10th Dan, two Hall of Fame Honors, Meijin., etc.).

Our connection began in the summer of 1972, when I took his LSU-A College Algebra course at age 17. While discussing my classes with my mother, she advised me to ensure I got a math instructor with the last name Gauthier. Being from Mansura, she explained that Mr. Gauthier was from nearby Hessmer and was known as one of the best math instructors in the state. At the time, I had no clue who he was.

Fortunately, Mr. Gauthier was my summer Algebra teacher. As always, my mother was correct. He was an excellent professor who made the subject interesting, without compromising the basics. While I never made an “A” in high school math, I did earn one that summer of '72 in

college Algebra. To top it off, when I attended my first martial arts class that fall semester, there he was. Mr. Jimmy, then a brown belt, was on the mat working with others alongside his partner, LSU-A history professor Gary Tisdalel.

Mr. Jimmy was one of my martial arts instructors and was paramount in helping me earn my black belt. Over his 56 years of teaching the martial arts, he guided many others to their black belt as well. Together, we attended thousands of workouts and clinics, earned our Third Dan and all subsequent ranks together, co-owned a dojo for over 50 years, and gave countless Jujutsu demonstrations.

On a personal level, I coached and taught all four of his children. He served as the best man when Samantha and I married (twice), and he delivered a moving eulogy at my son's funeral that brought everyone both laughter and tears, in church. He has always supported me, whether I was running for public office or needed a guest speaker for my JAG high school classes. Back when he and his wife, Flo, owned a flower shop, he even made sure flowers were delivered for my wedding anniversary in case I forgot.

Now, Mr. Jimmy is stepping aside for health and family reasons. To let you in on a secret, he has retired twice before and in a short time, quickly returned to the mats. At this time he will currently remain on the UCMAA Board, and I suspect he will show up for events from time to time.

Through the years, many of us looked to Mr. Jimmy for advice, help, knowledge, comfort, friendship, guidance, and when everyone else seems to have given up on us, unwavering support. Some even considered him a second father or an older brother.

I could go on and on. To close, Mr. Jimmy, we love you and will miss you dearly. Thank you for all you have done for us, both on and off the mats. We will always be one big family, and you will always be our senior leader and our friend.



Mr. Jimmy in black gi

First Aid



Fainting (By K. Roy)

"If you attended the Leesville JuJutsu clinic in August, you witnessed a fainting incident with one of the Shihans. Fortunately, we had a few "First Responders" attending the clinic. Shihan went to the doctor and after running test, the doctor concluded, the weakness was due to dehydration."

Definition: A sudden loss of consciousness for a few seconds. Also known as "passed out" and/or "black out." Recovery is usually very quick.

Cause: Fainting is when the brain does not receive enough blood and oxygen. This could be due to anemia, low blood sugar, seizure, dehydration, anxiety, stroke, heart attack, low blood pressure, heat, some medications, standing too long, and/or getting up too quickly.

Symptoms: Dizziness, weakness, sweating, nausea, pale face, blurred vision, and/or numbness. Unconsciousness (usually, regained quickly).

Treatment: If you feel faint:

- 1) Sit or lie down
- 2) If you sit - place your head between knees
- 3) When ready to stand, do it slow
- 4) See a doctor if you do not know the cause, fainted more than once, or unconscious for more than a minute.

Someone else faints or feel faints:

- 1) Lay person down
- 2) Check for injuries and breathing
- 3) Raise legs above heart if lying.
If sitting, place head between knees
- 4) Loosen clothing (collars, belt, tie)
- 5) Check breathing and pulse
- 6) If necessary, prepare for CPR and calling 911

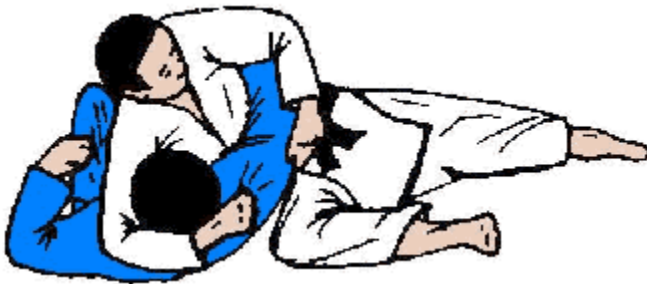
**First aid is to address the immediate needs & safety of someone. Ensure the victim is in a safe area, including yourself. Before administering any first aid to anyone outside your family, be aware of your rights and responsibilities: "Good Samaritan Law." A licensed physician should be consulted. Call 911 for all medical emergencies. If there are any doubts, do not assume, call 911.*

Glossary



Basic Ground Pinning Techniques (Roy) (osaekomi-waza)

Kesa-gatame: Scarf Hold



Yoko-shiho-gatame: Side Four-Corner Hold, also known as Top Side Mount.



Tate-shiho-gatame: Straight Four-Corner Hold; Also known as the Top Mount.



Kami-shiho-gatame: Upper Four-Corner Hold; Also known as North/South.



*Notice the word "Gatame" is defined as hold; not lock as in JuJutsu.

*In a judo match, holds are used to pin an opponent for 20 seconds in order to win the point.

*A major point when on top: use your weight and gravity to **crush** your opponent.

*The above photos came from "Combat Sports" and "Judo Info Online Dojo."



50 YEAR HISTORY TIMELINE

2006

- 02-26-2006** (25-26) Florida Clinic. Eku (Boat Oar): (Mike Hancock). Host: Newton
Graduates-Roy/Tillson/Harvey. Roy/Tillson conducted the Ki portion of the clinic.
- 06-25-2006** (24-25) National Dan Clinic in Dallas.
Promotions: Harvey-3rd Dan: Ju-Jutsu; Allen/Harvey-Okuden: Yari;
 Roy/Tillson/Bartell-Kyoshi: Yari.
- 08-27-2006** (26-27) Leesville Clinic: Okuden. Demo: Ki. Host: Harvey.
Promotions: Tillson-5th Dan; Harvey-4th Dan; Roy-3rd Dan: Okuden.
Graduates: Roy/Tillson/Harvey/BJ Norman: Hatchet. Outside of La.: Snoopy
 (deceased) and Noreen Allman/JJ Britt/Newton/Frank Rex/Cheryll Whigham/Tom
 Mandell.
- 10-20-2006** Florida Clinic. Roy is in charge of the Ki session. Roy/Harvey attended.



Last Quarter Trivia: Can you name the martial artists in the below photo?



Tillson Roy Ken Shamrock Harvey Mathews

September 1, 2026 Trivia: Once a minor enters the dojo, they should always ask for permission before _____ due to safety reasons.

Throughout the newsletter, you will notice different patches from years back, with an Organization we were proud of but are no longer affiliated with.

Next UCMAA Newsletter on DECEMBER 1, 2026. Hope to see you on the mats!



HAVE A SAFE HALLOWEEN