



UCMAA KI-AI

JUNE 1, 2026

(Vol.4; Issue 4/4)

Website: ucmaa.net **(click on it)**

UCMAA NATIONAL SEMINAR

October 17 & 18, 2026

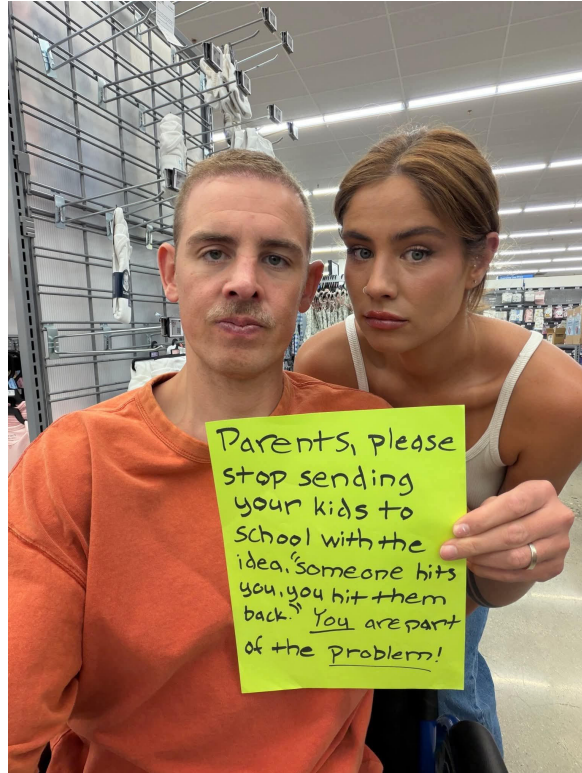
MAKE PLANS NOW

.....
UCMAA MEMBERSHIP DUES:

MARCH 1
.....

UCMAA PRESIDENT KI-AI

I hope and pray that this newsletter finds everyone doing well. Personally for Anita and I we have had a very busy schedule over the last three months. However we all keep pushing forward. As a reminder, we have a lot coming up with an amazing seminar that is being prepared for August. The plan is to have a full day of training that is strictly to go over various kyu grade ranks in Jujutsu with various Shihan sharing their experience. As a reminder we already have the National seminar booked for October so don't miss out and make plans now to attend.



This came across my feed on Facebook and was shared by my sister in law.

I actually got into martial arts because of being bullied. I have been training for 41 years and running a school for 25 years. My advice to students is simple: have a talk with your parents, they are the authority in their life. A child needs to know what is okay with their parents. If your child has never had this conversation with you then have the talk with them and let them know exactly where you stand and what you approve of. We teach them how to deescalate, walk away, especially a verbal confrontation. However we do also train them how to handle themselves with control and to be able to better defend themselves if they are attacked. My advice to parents, do not go to the teacher, do not go to the administration, or even the school board. Go to the local law enforcement agency and file a complaint and get the law involved. The rules are there to protect the SYSTEM not your CHILD. Most importantly, parents talk to your child, let them know how you feel, listen to how they feel, and give them the tools to protect themselves. As a parent we can not be there all the time to protect them.

Martial Arts is a great way to do this especially if it is a combat system and not a sport style. Yes there is a difference. Martial Arts also does not teach kids to be a bully. However, there are schools that do, which is sad. So get to know the instructors and learn what their core values are. Martial Arts helps to develop confidence, self-esteem, self control, and the ability to better focus. Talk to your child.

I don't remember the book I was reading many years ago but it discussed this issue very thoroughly. The author actually was talking about a case, I think in Florida, where a young girl was being bullied by fellow classmates at her school. Some were physical but most was verbal and emotional bullying. She was being told how ugly, horrible, and pathetic she was. Simply because three other girls did not like her or want to accept her. This actually led to her getting messages on Facebook which continued even after she had made it home. She was being told in these messages that she just needed to die. Unfortunately this young lady jumped off of a water tower and took her life. Her family and teachers were shocked and had no idea why. She never talked to her parents about what was going on. Long story short, the police found the messages on her Facebook messenger account and this led them into a thorough investigation and a conviction of the three girls who had been bullying her.

In closing it is simple: parents talk to your children and really get to know them.

Happy Fourth of July,

Next UCMAA Newsletter due on September 1, 2026. Hope to see you on the mats!

Shihan Joey Harvey, President: UCMAA



UCMAA BOARD MEMBERS

Joey Harvey; 10th Dan, **President**
Jose Monegro; 8th Dan, **Vice President**
Paul Mathews; 10th Dan, **Secretary-Treasurer**
Stevie Tillson; 10th Dan
Jimmy Gauthier; 10th Dan

Kirby Roy; 10th Dan
John Allen; 10th Dan
Jeff Marien; 10th Dan
Cheryll Whigham; 5th Dan
Anita Harvey; 6th Dan



UCMAA Board Members/Shihans (July, 2025)

Shihans (Front row: left to right): Jimmy, Joey, Anita, Cheryll, Stevie

Shihans (Back row: left to right): John, Paul, Kirby, Jeff, Jose'

UCMAA ARTS

**Aiki Jujutsu
Kobu-Jutsu**

**Judo
JuJutsu**



**Iaijutsu
Kempo-Jutsu**

**Karate
Toide**

***Arts of the Menkyo License System under UCMAA: Combative Ki, Hanbojutsu, Iaijutsu, Kobu-Jutsu, Grappling. No obi (color belt rank) awarded in the Menkyo System.**

TITLES: Shoden, Chuden, Joden, Okuiri/Okuden, Renshi, Kyoshi, and Hanshi

Titles in these arts can reduce time-in-grade for Core Arts

UCMAA History



UCMAA PATCH

EXPLANATION OF THE UCMAA PATCH

Working from the outer edge of the patch inward:

Red Octagon – Represents the concept of Happono Kuzushi; the 8 points of balance, the understanding of which is essential in the martial arts.

Gray Area – Represents the 8 primary arts taught and supported by the UCMAA.

White Circle (Contains our organization name in both English and Japanese) – Represents the nature of training in the traditional martial arts. There is no ending, only cycles through which we find ourselves at new beginnings. In several of our arts, Jujutsu for one, it can also represent the circular movements inherent in the art.

The Red/White In/Yo (Yin/Yang in Chinese) – Represents the complementary duality of traditional martial arts: Soft/Hard, Internal/External, Mind/Body, etc.

The Swordsman under the Torii (Symbolic Gateway) – Our training is a passageway from the mundane to something greater or more fulfilling.

UCMAA: Active Black Belts (8-1-2025)

*Jimmy Gauthier (10 th Dan)	UCMAA Charter Board Member	<i>Jujutsu</i>
*Kirby Roy (10 th Dan)	UCMAA Charter Board Member	<i>Kempo Jutsu</i>
*John Wayne Allen (10 th Dan)	UCMAA Charter Board Member	<i>Ki Jutsu</i>
*Stevie Tillson (10 th Dan)	UCMAA Charter Board Member	<i>Goshin Jutsu</i>
*Paul Mathews (10 th Dan)	UCMAA Charter Board Member	<i>Iai-Jutsu</i>
*Jeff Marien (10 th Dan)	UCMAA Charter Board Member	Open Division
*Joey Harvey (10 th Dan)	UCMAA Charter Board Member	<i>Toide</i>
*Anita Harvey (6 th Dan)	UCMAA Board Member	
*Jose Monegro (Fl., 8 th Dan)	UCMAA Charter Board Member	<i>Karate</i>
*Cheryll Whigham (Fl., 5 th Dan)	UCMAA Charter Board Member	<i>Aikijujutsu</i>

*Dal Neathammer (9th Dan, CA)
 *Corina Neathammer (9th Dan, CA)

Vernon Schlieff (NO)
 Gary Barth (5th Dan)
 Glenn Cooley (4th Dan)
 Sean Mayeux (5th Dan)
 James Gifford (Pa.)
 Artie Lyons (3rd Dan)
 Joey Stokes (3rd Dan)
 *Jamie Taylor (5th Dan)



Scott Dixon (2nd Dan)
 Roberto Guzman (2nd Dan)
 Kevin Fruge (Fl., 5th Dan)
 Howard Freedland (Fl., 3rd Dan)
 Eddie Pitre (2nd Dan)
 Steve "Pop" Batiste (3rd Dan)
 Paul Slater (1st Dan)
 Reese Martin (1st Dan)
 Dorrien Loftin (1st Dan)
 Beth McGraw (2st Dan)
 Robert Lozano (2st Dan)
 Anthony Zittle (1st Dan)

Charles Charrier (1st Dan)
 Stephen Kimble (1st Dan)
 Hannah-Rose Monegro (Fl., 1st Dan)
 Jeremiah Batiste (1st Dan)
 Isaiah Monegro (Fl.)
 Cameron Deam (Fl.)
 Donald Lambert III (Fl., 4th Dan)
 Donald Lambert IV (Fl., 3rd Dan)
 Christian Bursk (Fl., 2nd Dan)
 Larry Beall (4rd Dan)
 Robert Murry (3rd Dan)
 Chris Bordelon (3rd Dan)
 Kenny Brassette (1st Dan)
 Mark Hale (IL.)
 Scotty Marcotte (2nd Dan)
 Blaine Laborde (2nd Dan)
 Robert Murray (1st Dan)
 Dylan Gallion (1st Dan)
 Adrian Richard (1st Dan)
 Hope Dixon (1st Dan)

(*) Recognizes Shihans

If any of the above black belts are no longer members of UCMAA or someone is missing, please advise Shihan Harvey.

Dojo Locations



(If a guest, always call before attending to insure any schedule change)

West La. Jujitsu Training Academy 101 South 3rd Street; Leesville, La., 71446 shihanharvey@gmail.com	Joey/Anita Harvey M/T/TH - 4:00pm to 8:30pm	337-375-7371
Ronin Martial Arts chris.bordelon827@gmail.com	Chris Hwy 1; Mansura, La.	318-359-1251
Stevie Tillson	Stevie	318-253-8974
Mathews' Niryūshin Dojo 4603 Coliseum Blvd.; Alexandria, La., 71303 plmathews1387@gmail.com	Paul & Jeff Wed - 6:30pm	318-794-9187
Hessmer Martial Arts 581 Little Corner Rd.; Hessmer, La., 71341 kirbyroy54@gmail.com	Kirby/Jimmy/John/Jamie/Pop Thurs.- 6pm; Rotate Fri./Sat./Sun.-5:00	318-305-1076
Florida Karate therisensonmac@hotmail.com	Jose' TBA	352-428-3727
Florida Aiki-JuJutsu senseicheryll@hotmail.com	Cheryll TBA	Phone
Green Dragon Dojo 13627 Linden Dr.; Spring Hill, Florida, 34609 greendragondojo@outlook.com	Donny Lambert & Son M-Th - 5pm to 8pm	Phone
Neathamer Training Consultants 5371 Deschutes Rd.; Anderson, Ca., 96007 dalandcorina@yahoo.com	Dal/Corina Neathamer	530-262-3116
JTMA Dojo: Florida kwfruge@bellsouth.net & caskman1@gmail.com	Kevin Fruge'/Howard Freedland	Phone
New Orleans Judo vschlieff@outlook.com	Vernon Schlieff	Phone



***GREEN DRAGON DOJO:**



***HESSMER DOJO:** Shihans Gauthier, Roy, Allen, Taylor, with Sensei “POP” Batiste, Laborde, and Marcott welcome all members to UCMAA and to our dojo. This is the dojo which has more instructors than students. Our dojo is based on private instruction, not mass. The Hessmer Dojo teaches JuJutsu, Kempo, and weapons. We incorporate ground techniques for survival and self defense. Classes are held every Thursday evening at 6:00 and will vary on Fridays/Saturdays/Sundays. Lately: Sunday at 5:00. We encourage our students and UCMAA members to support all clinics.



Hessmer Dojo Attending National Clinic 2025
Jimmy Scottie Caden Blaine Kirby
Not Pictured: Jamie, Howard, and Marvin

***Niryushin Dojo:** Lee Mathews, and Rachel Mathews attended the Regional Seminar in Jupiter, Florida in March. They enjoyed both the training and the hospitality of the JTMA dojo. We are looking forward to hosting the Regional Sword Seminar, June 6, in the gym at Holy Savior Menard High School.

Congratulations to Xander Bounds and Lisa Mount for passing their recent exam for the rank of Rokyu in Naishin Ryu Jujutsu. Congratulations also to Rachel Mathews who passed her exam for the rank of Yonkyu in Jujutsu.

The Niryūshin Dojo holds class on Wednesday evenings at 6:30. Classes are still held in the Activity Building of Holy Savior Menard High School in Alexandria.



Lee Mathews and wife Lydia and Rachel Mathews enjoying dinner after the Friday night session of the Jupiter Seminar



Sensei Dorrien Lofton receiving his Menkyo Renshi in Kijutusu

***WLJTA DOJO:** WLJTA had a good quarter. We focused on training, testing and promoting Kyu grade students in Jujutsu. We had 11 students earn the rank of Orange and 13 earn the rank of Yellow. We also had 3 students earn their green belts.

Our newest green belt, Richard Stirling, graduated from High School and is shipping off to Army boot camp in one week! Wish him luck!!

Ms. Rose (below photo; in center), representing our WLJTA business model, competed and won the LSUA and parish level Bark Tank. She presented the business model for our little Samurai program and the Rapides Parish Business team loves it! Congratulations to her for proving the business model of a dojo is very successful if run well!

We hope to have another successful quarter here at WLJTA.



***Jupiter Traditional Martial Arts:** We have had a busy last three months! First, we have had a number of people succeeding in training, and Sensei Kevin Fruge' has tested and promoted a large group of our students in Naishin-Ryu Jujutsu. We have been spending a lot of time making sure that the training that they receive is balanced with Karate and Jujutsu, which has been fun as we have been utilizing many of our blackbelts' talents to keep the complexity of multi-discipline focus clearly presented. We could not pull it off without the efforts of Senseis Frank LoPresti, Dominick DiPalo, Ralph Garofolo and many others. Grateful for their dedication and tutelage.

We hosted a number of Women's Self Defense classes, featuring the "Not Just Me!" Foundation and their founder, Julie Weil. Look them up...they do amazing international work on behalf of survivors of sexual assault.

We have continued to partner with our sister dojo in Spring Hill for tests and events. We love partnering with them, and look forward to continuing our mutual support of our programs.

Lastly, we hosted a Regional Seminar at the end of March. We were very happy to have over 30 people train both during the Friday night and Saturday (all day) sessions. Very happy to have received Shihans Monegro, Mathews and Roy for the weekend, along with Senseis Glen Aitken, Robert Lozano, Donnie Lambert (Sr and Jr). Good training and pain was had by all. Hey - Shihans Harvery...you both owe us a visit...let's do this!

Finally, congratulations go out to Jaydn Stevens for achieving Ni-Kyu Brown Belt in his recent examination. You can see the essay that he shared in this newsletter (see Editor's Kime). We are very proud of the martial artist that he is becoming.

Respectfully submitted,

Sensei Howard Freedland



Jupiter Clinic: March 2026

***Ronin Martial Arts:** Ronin Martial Arts kicked off its adult classes in April, starting with two students. In the children's classes, we've taken the opportunity to focus on mentorship, allowing sempais to teach class and empowering all ranks to aid in mentoring the ranks below them. The goal is to grow leaders as well as martial artists!



We've also made some changes to our Lil' Samurai program. With students adapting well to their ukemi, we've implemented more judo into the program. Lil' Samurai



Black Belt SPOT Light



Sensei Frank (Frankie) LoPresti

Sensei Frankie, born Francesco LoPresti in 1981 first was introduced to martial arts when he was given the book "How to do Karate" at age 6. He never looked at it...probably smarter for it. Fast-forward a few years...when his lifelong friend thought it would be fun to go to a class together. The rest, as they say, is history.

In 1990, now-Sensei Glen Aitken and Frank began training with his uncle, Vince Izzo at Danny Zaino's Goju-Ryu studio in Jupiter, FL. He earned his Shodan in 1998 and then went to study Capoeira from 1998-2004. His school did not record rank, but he excelled at the art. In 2012, Frank roundhouse kicked his way into what is now known as Jupiter Traditional Martial Arts. He added Matsubayashi-Ryu, Seidokan and both Brazilian and Japanese Jujutsu to his resume'. All the while, he continued to train in Goju-Ryu, earning the rank of Shichidan with Sensei Carl Stone in 2022.

Sensei Frankie has a long, storied past with the US Open. He began participating in 1998, and has competed in sparring, weapons and kata for many years since, earning numerous medals, trophies and accolades. You can look him up at www.mataction.com to see the specific awards he has received. Among the stories that he loves to tell, his most memorable kata battle was one where he lost to a karateka in a wheelchair (you have to hear it to believe it). I will probably get punched for mentioning this here, but we want to see how many people read this part of the issue.

Frank is an accomplished mechanic and owner of Budget Tire in Tequesta, FL. He became a mechanic in 1996, and eventually bought the shop that he worked at in 2011. We are grateful that he has a shop with an excessively large lobby as he hosts summer training for JTMA since the Community Center shuts programming down during those months. His generosity is as large as the lobby...probably larger. He is one of the valued leaders that we have at JTMA. His spirit is contagious and he is a wonderful teacher. There are very few as loyal as he is.



**The Florida Crew:
Frankie at far right**



Recent Events

April 16

HEALTH FAIR

HESSMER

SENIOR(60+) CITIZENS

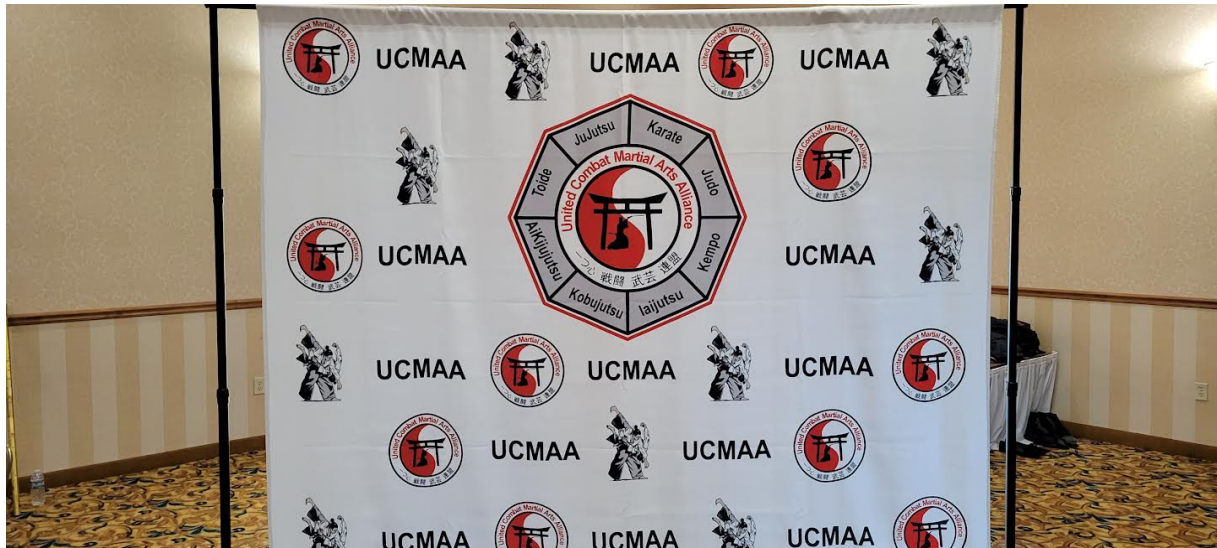
Shihans Gauthier and Roy discussed self-defense and awareness at a Senior Health Fair (below photo) in Hessmer, La. There were over 250 in attendance. Prevention and awareness are the top priorities when discussing self-defence, with anyone. Below is a list of pointers discussed:

- 1) Situations and examples
 - 2) Awareness: Surroundings; Something is wrong and/or does not feel right. AVOID!
Low lighting, door/window open, dog barking, noise, etc.
 - 3) Being CONFIDENT and exhibiting it, while shopping or walking
 - 4) Carrying a firearm: pros and cons
 - 5) If approached, give them what they want
 - 6) NEVER LEAVE A LOCATION WITH ABDUCTOR
 - 7) Equalizers: Car keys in hand
Pepper Spray (know how to use: wind, on personal skin, etc)
Taser shocking device (having it ready)
Cane/umbrella (how to thrust); walker
Car-Jacking options: you are driving
Items in a room: chair, broom, hot coffee, candle, belt buckle, etc.
 - 8) Vital striking areas: eyes, throat, foot, and crotch (striking 2 or 3 times)
 - 9) Don't exhaust yourself on the ground; Wait for the right moment to attack the eyes.
 - 10) Discussed other alternatives:
Home and body alarm devices
Car burglary alarms
Keeping car doors lock and windows up while driving and/or stopped
Dogs (barking will alert you; not always a protector)
Safety Circle: Neighbors and neighborhood
Returning home precautions
Strikes: Palm heel (chin, nose), 1-4 finger/thumbs(eyes), knee (Crotch)
Scratch attacker for DNA sample under your fingernails
- Call 911**



Hessmer Gym Health Fair (2026): Gauthier's/Roy's old stomping ground (1st Dojo 1978-1988)

***See Dojo News for additional recaps of local events.**



UCMAA BANNER



2026 UPCOMING EVENTS

March 1	Membership dues		
June 6	UCMAA Board Meeting	8:30	Menard/Alexandria
June 6	Iai-Jutsu (Sword)	9:30-	Menard/Alexandria
August	Ju-Jutsu (green/brown)	TBA	Leesville
Oct. 17 & 18	National Seminar	TBA	Pineville, La.

2025 National Seminar



2024 National Seminar



UCMAA NATIONAL SEMINAR 2023



Front row: UCMAA Board
Back row: 2023 Clinic Participants
Over 100 participants





Dojo Commands, Conduct, Etiquette

Leaving the Mat/Dojo, etc.

- Do not leave the training floor or the Dojo without permission:

When it comes to rules and etiquette, this is a fundamental directive in the Martial Arts. This is not only about respect but safety, especially for kids. This is a required discipline which must be followed. Always get permission when getting off the mat, going to the restroom, getting water, or leaving the workout area. **Children should never go outside the dojo area without a responsible adult.**

With this being said, never leave the workout, without getting the consent of an adult instructor/Sempai. Students should refrain from talking to people observing class, especially during the workout. Remember to bow to enter or leave the mats and the dojo.

LETS GROW

MEMBERSHIP DUES ARE DUE

MARCH 1, OF EACH YEAR

Editor's Kime



EDITOR'S KIME (Jaydn Stevens, Nikyu)

“Before every test, we assign an essay. Topics vary, and this one was given before a brown belt test. I think that (regardless of AI usage) Jaydn hit a lot of important notes, and also explained why Seidokan fits so well in the UCMAA training regimen. If you think it is worthy, please include it in the next newsletter. Below is the full written essay.” Jupiter Sensei Freedland

Choki Motobu Vs Shian Toma

Choki Motobu, born in Okinawa in 1870, was the third and youngest son of the Okinawan royal family of Motobu. As a member of a noble family, he was exposed to a rich martial tradition, but he was initially denied formal instruction in the family’s secret art, Motobu Udundi. This limitation played a major role in shaping the kind of martial artist he would become. Rather than following the traditional path of structured dojo training, Motobu developed his skills through self-directed practice, physical conditioning, and most importantly, real-life combat situations. He became known for testing his techniques in street fights, which gave him a level of practical experience that many dojo-trained practitioners at the time did not have.

Motobu eventually sought instruction from several respected Okinawan masters, refining his abilities and gaining deeper technical knowledge. However, his approach to karate always remained grounded in practicality. He placed a heavy emphasis on kumite, or sparring, and believed that techniques should be proven through application rather than simply practiced in isolation. One of the central elements of his training was the Naihanchi kata, which he studied extensively and used as a foundation for his fighting system. From this kata, he developed principles of close-range combat, balance, timing, control, and even grappling techniques. Unlike many traditional schools

that emphasized form over function, Motobu focused on what actually worked in real confrontations. His philosophy challenged the norms of his time and helped push karate toward a more realistic and effective system of self-defense.

Nearly sixty years later, Shian Toma was born in Okinawa in 1929. While he lived in a different era, he would go on to have an equally important impact on the development of modern karate, especially the system of Seidokan that we train today. Toma began his martial arts journey at the age of sixteen and dedicated his entire life to training and teaching. What set him apart from many other practitioners of his time was his willingness to study multiple styles of karate at a high level. During that period, it was often considered disloyal or disrespectful to train outside of one's original style due to strong traditions, politics, and personal pride among different schools. Despite this, Toma pursued knowledge wherever he could find it, showing a mindset focused on growth rather than limitation.

Toma trained under several highly respected masters in systems such as Shorin Ryu, Goju Ryu, Kenpo, and Motobu Udundi. By studying these different styles, he gained a wide range of techniques, principles, and philosophies. Instead of keeping them separate, he worked to understand how they could complement each other. This led to the creation of Seidokan, a system that blends the strengths of multiple Okinawan and Japanese martial arts into a more complete and balanced approach. Where Motobu represented the raw, experience-based side of karate, Toma represented refinement, structure, and integration. He took the practical knowledge passed down from earlier masters and organized it into a system that could be taught more effectively in a dojo setting.

Despite their differences in background and training methods, there are also important similarities between Motobu and Toma. Both men were deeply committed to the effectiveness of their techniques and believed that karate should be useful in real-world situations. Neither focused solely on appearance or performance; instead, they emphasized function and purpose. Additionally, both contributed to the evolution of karate by challenging the limitations of their time. Motobu questioned the overemphasis on formal kata without application, while Toma challenged the idea that one must remain within a single style. In this way, both men helped push karate forward and make it more adaptable and practical.

The differences between them, however, are just as significant. Motobu's training was heavily influenced by hardship and direct experience. He developed his skills in uncontrolled environments, which made his approach very combat-focused and instinctive. His karate was built from the ground up through personal testing and survival. On the other hand, Toma's training was more structured and academic in nature. While he still valued effectiveness, he approached karate as a system that could be studied, refined, and expanded. Instead of relying primarily on personal combat experience, he drew from a wide range of sources and organized them into a cohesive system. This contrast highlights two different paths to mastery: one through direct experience and adaptation, and the other through study, integration, and refinement.

The connection between these two masters is especially important when considering the development of Seidokan. Toma's exposure to Motobu Udundi and the principles associated with Motobu's approach to fighting helped influence the practical aspects of Seidokan. At the same time, Toma's broader training allowed him to incorporate structure, discipline, and a diverse technical base. As a result, Seidokan reflects both philosophies: it maintains a strong emphasis on realistic self-defense while also providing a well-organized curriculum for students to follow. This balance is one of the reasons Seidokan continues to be effective and respected today.

In conclusion, Choki Motobu and Shian Toma were both highly influential figures in the history of Okinawan karate, each contributing in their own unique way. Motobu developed his understanding of martial arts through harsh, real-world experience and emphasized practical application above all else. Toma, on the other hand, inherited and expanded upon this knowledge, refining it within the dojo and combining it with other martial arts to create a more complete system. Although their methods and experiences were different, their shared focus on effectiveness and their lasting impact on Seidokan demonstrate how both approaches are valuable. Together, they represent the evolution of karate from raw combat practice to a structured and comprehensive martial art that continues to be practiced today.

Bishop, Mark. *Okinawan Karate: Teachers, Styles and Secret Techniques*. A & C Black, 1989.

https://en.wikipedia.org/wiki/Motobu_Ch%C5%8Dki

https://en.wikipedia.org/wiki/Okinawa_Seidokan

Editor's note (Roy): I had the privilege of meeting Shian Toma twice; This was at two different clinics. Accompanying Toma, on both occasions, were his Senior Student (can not remember his name) and Roy Jerry Hobbs (Director: Dentokan JuJutsu).

The first time was in August of 1983, at a clinic (6 day clinic) in Rockford, Ill. This was the first National Clinic attended by a La. Crew (Pearson, Marler, Roy, Big John, & 2 Green Belts). At this clinic, Hobbs worked five hours on a bo kata as Toma sat in the bleachers and observed. This clinic involved 100 black belts (plus), with over 300 participants. Midway through the kata, we took a break. During the break, Toma picked out two errors made in the kata. This blew our minds. It was like starting over. That evening, we all went to a night club. We watched Toma smoke cigarettes, which was amusing to us.

The second time was in August of 1988, in Orlando, Fl. After giving a major demo on Combat Ki, Toma approached me and shook my hand and stated, if I understood correctly, "good!" This was the clinic which initiated the first "blind fold" Master Ki Level Test. Five months before this, was the major Dallas Cowboy's Demonstration.

In 1985, Shihans' Pearson, Marler, Gauthier, and Roy were promoted to Godan (5th Dan) in Seidokan Toide.

GREAT JOB JAYDN: UCMAA STAFF



Shian Toma Sensei: Seidokan Founder

1929-2013

First Aid



SHOCK (Shihan Roy)

Shock: A medical emergency which needs immediate lifesaving care. Caused when the organ system shuts down due to lack of oxygen and blood flow and causes a chain reaction that damages tissues and organs.

Cause: It's the body's reaction to a dangerous drop in blood pressure which reduces blood circulation through the body, providing little oxygen to the organs. Left untreated, it can cause permanent damage or could be fatal. This is caused by a high volume loss of blood, a heart condition, dehydration, serious infection, electrical shock, or an allergic reaction.

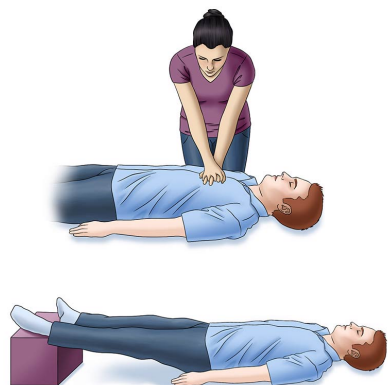
Symptoms: Clammy/pale skin
Drowsiness/dizziness/confused
Nausea

Pale face, turning blue
Weak/rapid pulse

First Aid: If safe (no electrical wires, no fire, off highway, etc.), call 911 immediately.
Place person laying down on their back
If vomiting, place on side provided there is no spinal injury (caution)
Maintain open airway (if difficulty breathing, prop body up)
CPR, if necessary
Control any bleeding; use direct pressure
Raise legs 12 inches
Loosen any tight clothing
Keep warm; cover with blanket
No food or drinking

Call 911

If you think someone is suffering from shock, call 911 or your local emergency number to request immediate medical help.



**First aid is to address the immediate needs & safety of someone. Before administering any first aid to anyone outside your family, be aware of your rights and responsibilities: “Good Samaritan Law.” A licensed physician should be consulted. Call 911 for all medical emergencies. If there are any doubts, do not assume, call 911.*



COMMANDS

Hajime:-----begin
 Matte:-----stop
 ki-otsu-ke:----attention
 Rei:-----bow

TECHNIQUES

Tsuki:-----punch
 Uchi:-----strike
 Uke:-----block
 Geri:-----kick
 Kata:-----forms
 Kumite:-----sparring
 Waza:-----technique
 Ukemi:-----break-fall
 Kata:-----forms

TRAINING

Dojo:-----training area
 Sensei:-----instructor
 Gi:-----uniform
 Tatami:-----mats
 Uki:-----partner



Time Line

50 YEAR HISTORY TIMELINE

1996

- 02-24-1996** LSU-A Regional Clinic. Double Tebo; Aiki-Jutsu.
- 03-17-1996 (16-17) National Dan Clinic at LSU-A.
Promotions: Allen-8th; Briley-8th; Marien-7th; Mathews-7th; Smith-7th; Gabus-7th; Tillson-7th; Primeaux-5th; Bartell-5th; Humble-5th; Bordelon-4th; Carl Scroggs-4th; Jeremy Morrow-3rd; Schlieff/Zahavi-3rd : All these ranks are in different arts.
- 05-18-1996 Local Houston Clinic. Grappling/Ki/Self Defense. Host: Price
- 07-07-1996 Demo: Martial Arts EXPO in Houston. The La. Wrecking Crew participated.
Set up by Price.
- 07-17-1996 A 10th Dan does not have to pay National Clinic registration fees.
- 08-18-1996 (17-18) Indianapolis Clinic. Dai Yoshin-Ryu and weapons.
Promotions: Tillson received ranks in Bo, Yari, and Naginata.
- 10-15-1996 Bigler, Steve Rome, and followers leave the JKI organization.
- 10-24-1996 Smith/Mathews leave JKI.
- 10-28-1996 (27-28) LSU-BR Clinic. Judo/Bo/Self Defense/Ki. Host: Land.
- 11-00-1996 Illinois Clinic at Scott's Air Force Base on Aiki/Toide.



Trivia

Last Quarter: What is the difference between Ju-Jutsu and Jiu-Jitsu?

Ju-Jutsu: Translated as the “Gentle Art.” Traditional Japanese method in close combat fighting using strikes, kicks, throws, grappling, locks, and chokes. Basically for self defense and will attack eyes, throat, groin, and all joints. Does incorporate ground fighting and weapons. It is considered the mother art of BJJ, judo, aikido, and some karate arts. Based on using an attacker’s energy against themselves. Early spelling and pronunciation were also Jiu-Jitsu and Ju-Jitsu.

Jiu-Jitsu (Ju-Jitsu): Translated as the “Gentle Art.” Considered a modern martial arts discipline. As in Brazilian Jiu-Jitsu (BJJ), it focuses heavily on close-contact ground grappling and submission by using an attacker’s energy against themselves. It uses the principals of leverage, angles, pressure, and timing in order to achieve a non-violent submission. Basically for combat sports and self defense. Derived from Ju-Jutsu/Judo. At times, with respect, it is referred to as a “Human Chess Game.”

June 1, 2026 Trivia: Can you name the martial artist in the below photo?



_____ , _____ , _____ , _____ , _____

Throughout the newsletter, you will notice different patches from years back, with an Organization we were proud of but are no longer affiliated with.

Next UCMAA Newsletter on SEPTEMBER 1, 2026. Hope to see you on the mats!



HAVE A GREAT 4TH OF JULY